


Redesigning Leeds Tier 3 Specialist Weight Management Service

The Leeds Health and Care Partnership is working with partner organisations to undertake a review and redesign of, and agree new referral criteria for, our Tier 3 specialist weight management service.

NB. It is recognised that there are currently significant challenges relating to Tier 2 services in Leeds. This survey specifically relates to the Tier 3 specialist weight management service - therefore, please avoid commenting on access to Tier 2 services in your responses. Many thanks.

Fields marked as  MANDATORY must be completed. Failure to do so may result in your answers not being counted as part of the survey.

Introduction

“The UK has the third highest level of obesity in Europe, behind only Malta and Turkey. It is also third highest in the G7, behind only Canada and the US. In 1970, one in ten British adults was living with obesity; now it is almost one in three.

While obesity has increased almost everywhere – driven by a combination of human biology and recent shifts in global food systems and lifestyles – its rise in the UK has been particularly steep. It is now heavily concentrated in the poorest areas and is increasingly prevalent among children, compounding existing inequalities...

Obesity is associated with health impacts including diabetes, heart disease and cancer. It can lead to reduced life opportunities and contribute to mental ill health due to stigma. Obesity-related ill health reduces workforce productivity and places a heavy burden on the NHS. Estimates put the annual cost of obesity at 1–2% of GDP – a figure only likely to increase.”

www.instituteforgovernment.org.uk/sites/default/files/2023-04/tackling-obesity.pdf

In Leeds, referrals into the Specialist Tier 3 Weight Management Service, delivered by Leeds Community Healthcare (LCH) (lead provider), Leeds Teaching Hospitals (LTHT), and Leeds and York Partnership Foundation Trust (LYPFT), were paused on 15 July 2023 due to a significant increase in demand leading to extended waiting times. Referrals into the service are expected to be paused for at least six months.

We, the Leeds Health and Care Partnership, are working with partner organisations to undertake a review and redesign of, and agree new referral criteria for, our Tier 3 specialist weight management service. As a member of staff who refers into, or delivers, this service, hearing your experience and thoughts will be essential in reforming and improving the future of this service. You can share your comments by completing the following survey.

Background

The Leeds Tier 3 Specialist Weight Management service is a 12-18 month programme for people with a Body Mass Index (BMI) of above 40 (or above 35 with another illness or condition), run by experienced healthcare professionals including a consultant physician, physiotherapists, dieticians and mental health specialists. The team works to support adults with severe and complex obesity to make sustainable diet and lifestyle changes to improve their health.

At the beginning, the service expected to receive 250 referrals per year. However, in recent months it has been receiving more than 140 referrals per month. This has resulted in a growing waiting list, and a huge impact on those running the service.

Healthcare partners in Leeds have agreed that it is important for us to maintain a Tier 3 Specialist Weight Management Service offer, and that we need to consider any changes that may help to keep the service sustainable over the longer term.

This survey is part of a wider engagement which will also include a survey of people who are waiting for, or who have used, the Tier 3 Specialist Weight Management service and their families and carers.

This survey will remain open until 22 December 2023

Please tell us who you are:

▲ MANDATORY

Please select **only 1** option

I refer people to the Tier 3 Specialist Weight Management service

I work within the Tier 3 Specialist Weight Management service

Other

Please provide further detail in the box below

▲ MANDATORY

(No more than 100 characters)

If you answered 'I refer people to the Tier 3 Specialist Weight Management service' to this question, please go to 'Where do you work?'

If you answered 'I work within the Tier 3 Specialist Weight Management service' to this question, please go to 'Where do you work?'

If you answered 'Other' to this question, please go to 'Where do you work?'

Staff working in the Tier 3 Specialist Weight Management service

Where do you work?



Please select **only 1** option

Leeds Teaching Hospitals Trust (LTHT)

Leeds Community Healthcare (LCH)

Leeds and York Partnership Foundation Trust (LYPFT)

Other

Please provide further detail in the box below



(No more than 100 characters)

Please tell us about your role within the service?

What do you think is working really well in the service and should be continued?

What do you think could be improved or changed?

What do you think are the main challenges facing the service as it is now?

Thinking about different parts of the service, what do you think could be done to improve patient and staff experience? For example:

- the referral process
- information and communication
- what happens once someone has completed the programme.

Any other comments? Is there anything else you think it would be useful for us to know as we consider a redesign of this service?

Get more involved:As part of the review and redesign we will be looking in more detail at certain aspects of the service. For example, considering potential changes to the referral criteria (still remaining in line with NICE guidance).

We would very much welcome your insight and contributions to these more detailed conversations, and encourage you to get involved with shaping our future Tier 3 service for Leeds.

If you would like to get more involved, please provide your name, role and email address in the box below and we will be in touch about future opportunities / focus groups relating to this work. Thank you!

After completing 'Get more involved:', please go to 'Your Details'.

Referrers into the Tier 3 Specialist Weight Management service

Where do you work?

What is your role?

Please tell us about your experience of referring people into the service? Do you actively refer people into the service itself or, for example, signpost people through primary care?

What do you think is working really well in the service and should be continued?

In relation to referring someone to the Tier 3 Specialist Weight Management service, have you experienced any challenges or difficulties?

What do you think could be done to improve the process of referring someone to the service?

Thinking about different parts of the service, what do you think could be done to improve patient and staff experience? For example:

- the referral process
- information and communication
- what happens once someone has completed the programme.

Any other comments? Is there anything else you think it would be useful for us to know as we consider a redesign of this service?

Get more involved:As part of the review and redesign we will be looking in more detail at certain aspects of the service. For example, considering potential changes to the referral criteria (still remaining in line with NICE guidance).

We would very much welcome your insight and contributions to these more detailed conversations, and encourage you to get involved with shaping our future Tier 3 service for Leeds.

If you would like to get more involved, please provide your name, role and email address in the box below and we will be in touch about future opportunities / focus groups relating to this work. Thank you!

After completing 'Get more involved:', please go to 'Your Details'.

Redesigning Leeds Tier 3 Specialist Weight Management service

Where do you work?

How does your role relate to the service?

What do you think is working really well in the service and should be continued?

What do you think could be improved or changed?

What do you think are the main challenges facing the service as it is now?

Thinking about different parts of the service, what do you think could be done to improve patient and staff experience? For example:

- the referral process
- information and communication
- what happens once someone has completed the programme.

Any other comments? Is there anything else you think it would be useful for us to know as we consider a redesign of this service?

Get more involved:As part of the review and redesign we will be looking in more detail at certain aspects of the service. For example, considering potential changes to the referral criteria (still remaining in line with NICE guidance).

We would very much welcome your insight and contributions to these more detailed conversations, and encourage you to get involved with shaping our future Tier 3 service for Leeds.

If you would like to get more involved, please provide your name, role and email address in the box below and we will be in touch about future opportunities / focus groups relating to this work. Thank you!

After completing 'Get more involved:', please go to 'Your Details'.

Your details

Organisation name

Demographic Data

Postcode

Gender

Please select **only 1** option

- Prefer not to say**
- Female**
- Male**
- Non-Binary**
- I describe my gender in another way**
- Unspecified**
- Other**

Year of Birth

Does gender identity match sex as registered at birth?

Please select **only 1** option

- Yes**
- No**
- Prefer not to say**

Currently pregnant or have been in the last year?

Please select **only 1** option

- Yes**
- No**
- Prefer not to say**

Marital Status

Please select **only 1** option

- Prefer not to say**
- Divorced**
- Live with partner**
- Married or Civil Partnership**
- Single**
- Widowed**
- Other**

Disabled?

Please select **only 1** option

- Yes**
- No**
- Prefer not to say**

Disability Type

- Prefer not to say
- Physical or mobility impairment: (such as using a wheelchair, difficulty walking or using your hands)
- Hearing impairment: (such as being D / deaf or hard of hearing)
- Sight impairment: (such as being blind or partially sighted)
- Mental health condition: (such as having depression, schizophrenia, bipolar disorder)
- Learning, understanding, concentrating or memory: (such as Down's Syndrome, stroke, or head injury)
- Learning disability
- Neurodivergent condition: (such as autism, ADHD, dyslexia)
- Long term condition: (such as cancer, HIV, diabetes, chronic heart disease, or epilepsy)
- Other

Other Disability Description

Caring Responsibilities

Prefer not to say

I provide unpaid care or support for someone who is older, disabled or has a long-term condition

Care for a child / children between 0 and 4 years old

Care for a child / children between 5 and 9 years old

Care for a child / children between 10 and 14 years old

Care for a child / children between 15 and 19 years old

None

Other

Ethnic Group

Please select **only 1** option

- Prefer not to say**
- Arab**
- Asian or Asian British - Bangladeshi**
- Asian or Asian British - Chinese**
- Asian or Asian British - Indian**
- Asian or Asian British - Pakistani**
- Black or Black British - African**
- Black or Black British - Caribbean**
- Ghurkha**
- Jewish**
- Kashmiri**
- Kurdish**
- Mixed - White and Asian**
- Mixed - White and Black African**
- Mixed - White and Black Caribbean**
- White - English, Welsh, Scottish, Northern Irish or British**
- White - Irish**
- White - Gypsy or Irish Traveller**
- White - Roma**
- Other**

Sexual Orientation

Please select **only 1** option

- Prefer not to say**
- Asexual**
- Bisexual**
- Gay**
- Heterosexual / Straight**
- Lesbian**
- Pansexual**
- I prefer to use another term**
- Other**

Religion

Please select **only 1** option

- No Religion**
- Buddhist**
- Christian (including Church of England, Catholic, Protestant and all other denominations)**
- Hindu**
- Jewish**
- Muslim**
- Sikh**
- Prefer not to say**
- Other**