

Public Involvement Workshop

Children and Young People

Tuesday 7 March 2023 2:00pm – 4:00pm



Recording

We are recording this session so that we can share the discussion with people who are unable to attend the meeting.

It will be available shortly on the Leeds Health and Care Partnership Website



Aim and objectives

Aim

To help develop our approach to public involvement in the work of the Children and young people population health board

Objectives

- Introduce the population health approach and the Children and young people board
- Review the findings of the insight report
- Review and agree the draft outcomes for the board
- Consider gaps in our findings and begin to think about addressing those
- Agree how people's voice is represented at the board and provide public assurance

Outcomes of the workshop

By the end of the workshop participants should have had an opportunity to:

- Understand the role of the Children and young people population health board
- Discuss the findings of the draft insight report
- Influence the draft insight report
- Discuss gaps in our findings
- Suggest other areas of focus
- Discuss the draft outcomes for the Children and young people board
- Explore ways we can provide assurance that people's voices are heard at the board
- Influence our approach to public representation and assurance on the board

Agenda

- 1. Population health** - What are population health boards and what is their role?
- 2. Experience of Children and young people** - What do we already know about the experiences of children and young people and their families / carers? (insight)
- 3. Population outcomes** - How do we want things to be different for Children and young people, and their families and carers? (outcomes)
- 4. Public representation and assurance** – What does public representation look like on the board and how can we be assured that it's working?
- 5. Next steps** - What happens next?

Ground rules

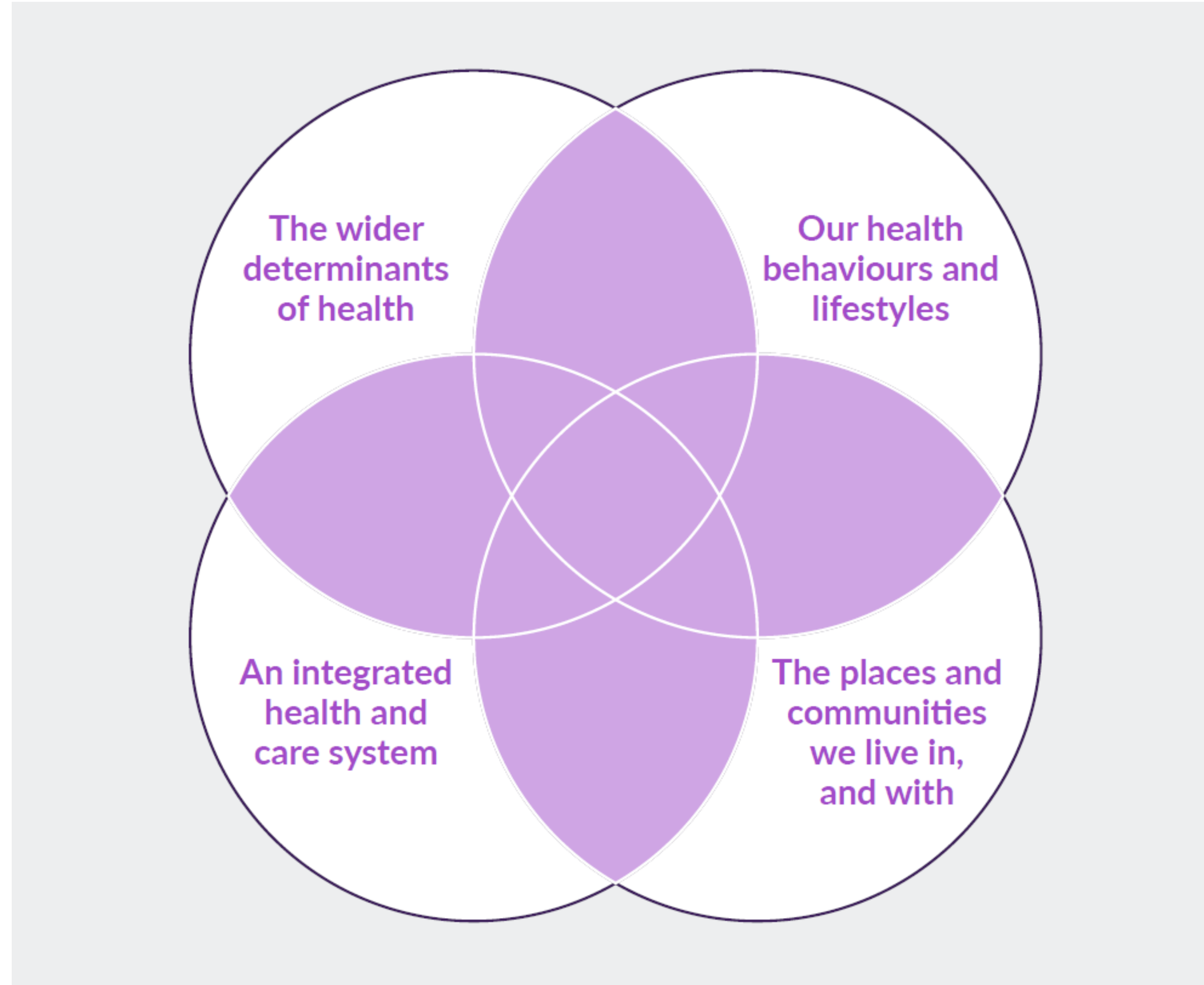
- Stick to the agenda
- Stay on mute unless you're speaking
- Make space for everyone to speak
- Have your say – use the hand signal or chat box to ask questions or share comments
- Respect confidentiality
- Enjoy the session!

Population health (1)



Source: Dahlgren G, Whitehead M 1993

Population health (2)



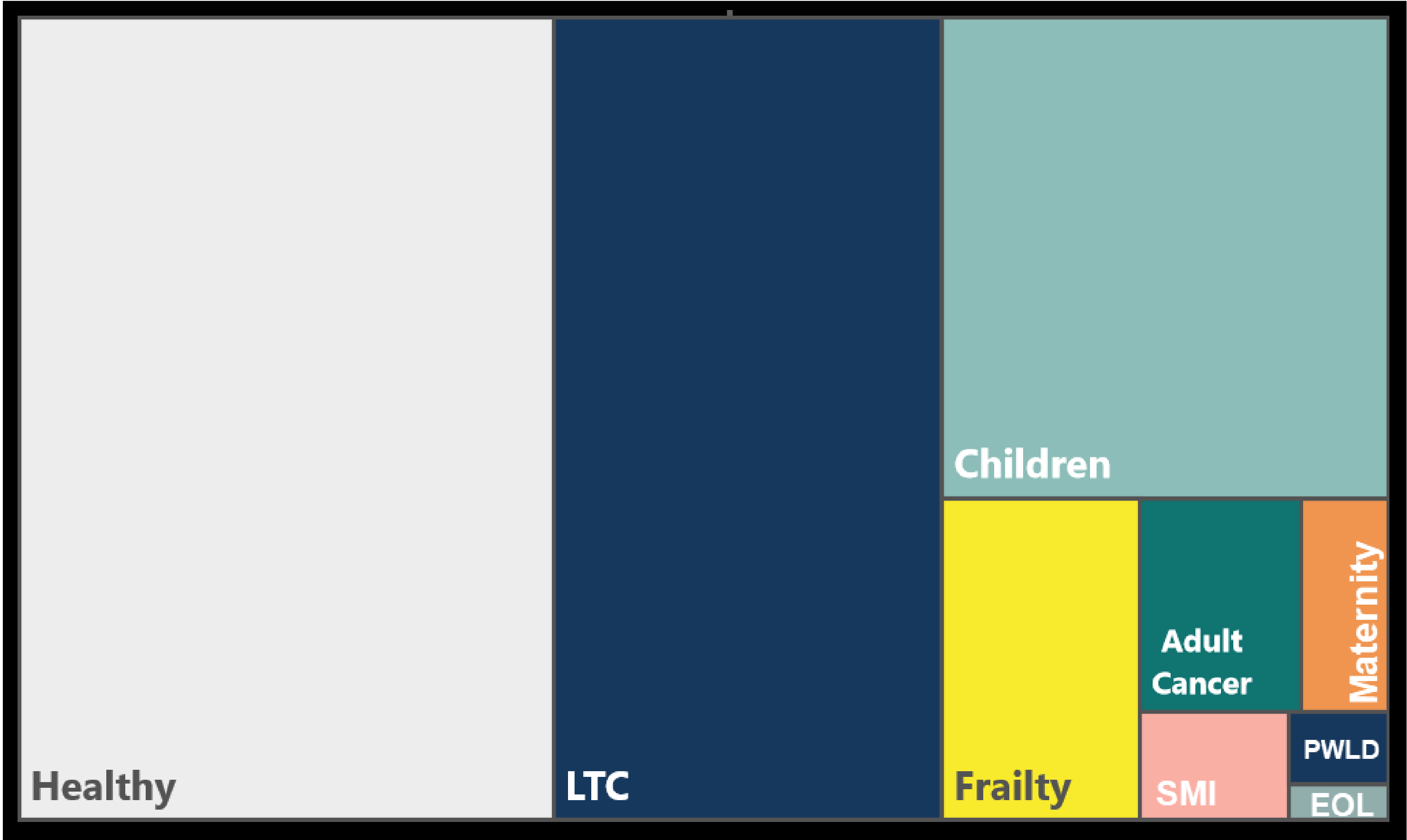
What is population health?

- [What is population health? | The King's Fund \(kingsfund.org.uk\)](https://www.kingsfund.org.uk/what-is-population-health)



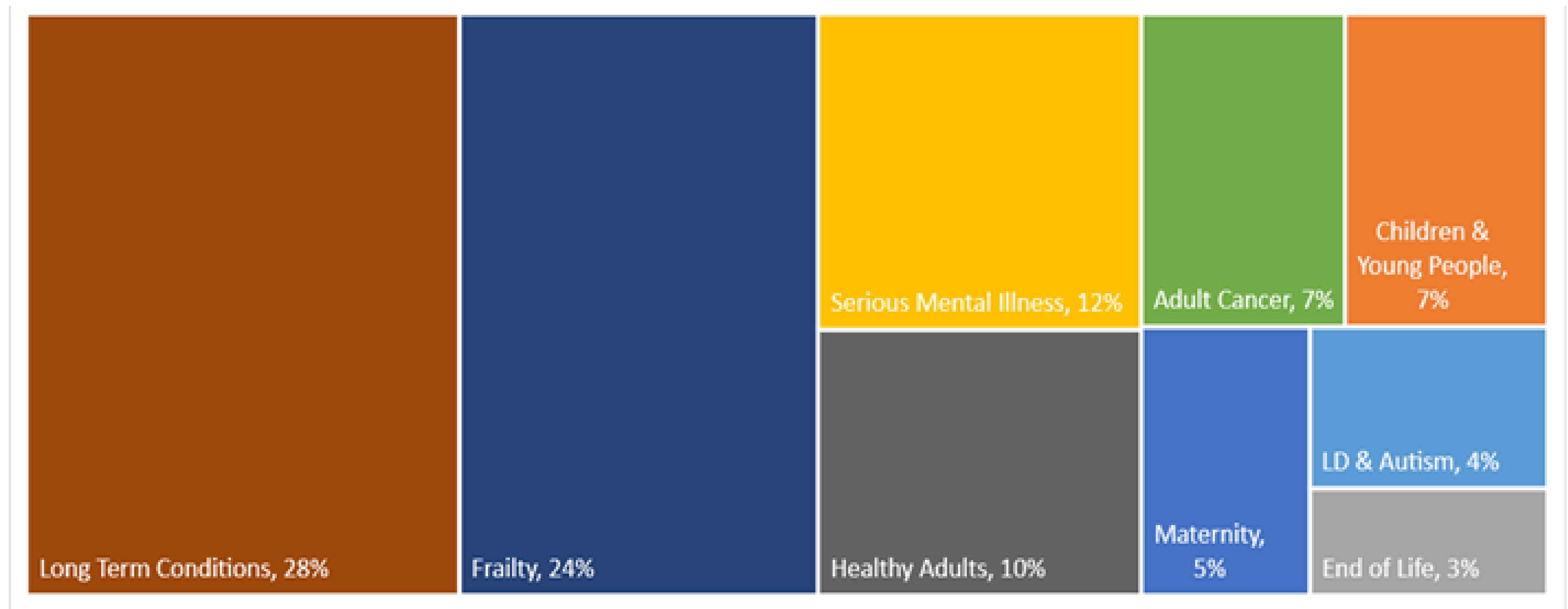
Population health (3)

The different segments in the population of Leeds, organised by number of people in each population.



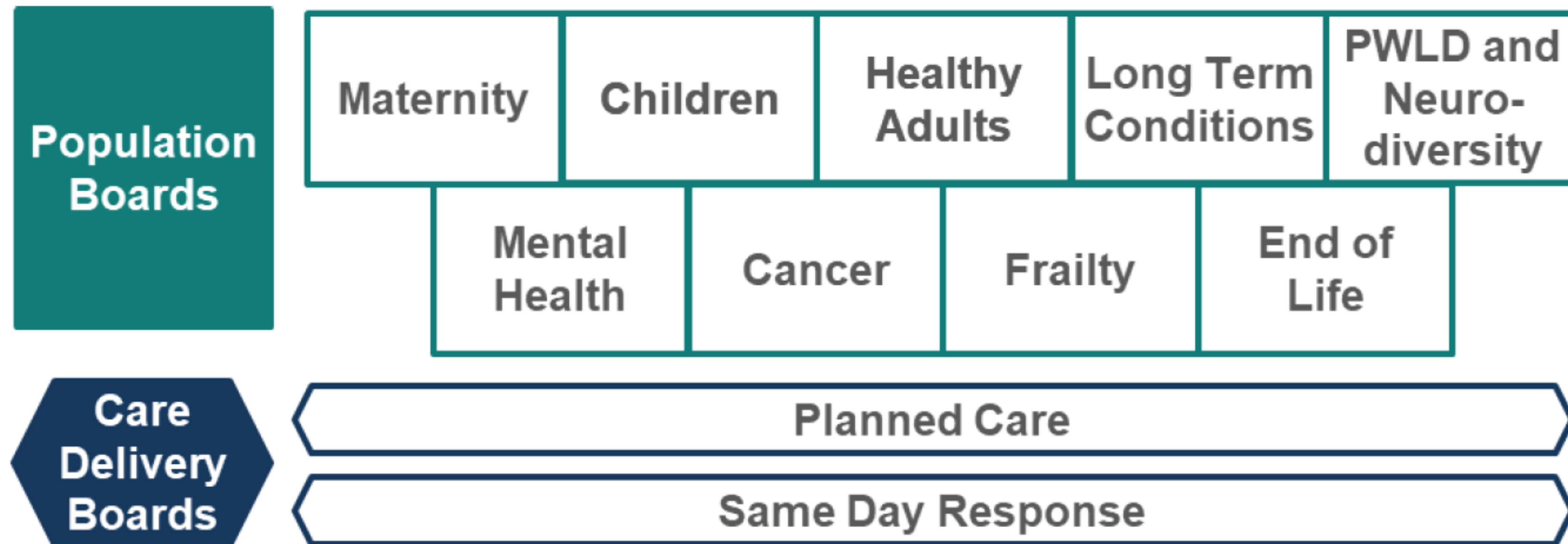
Population health (4)

The different segments in the population of Leeds, organised by how much money the NHS spends on them



Population health (5)

We aim to address these needs through a framework of nine population health and two care delivery boards:



These boards are responsible for improving (or driving improvements in) the outcomes, experience, and the value of the NHS spend, for their respective population. They work across organisations and sectors with a clear focus on their population's particular needs.

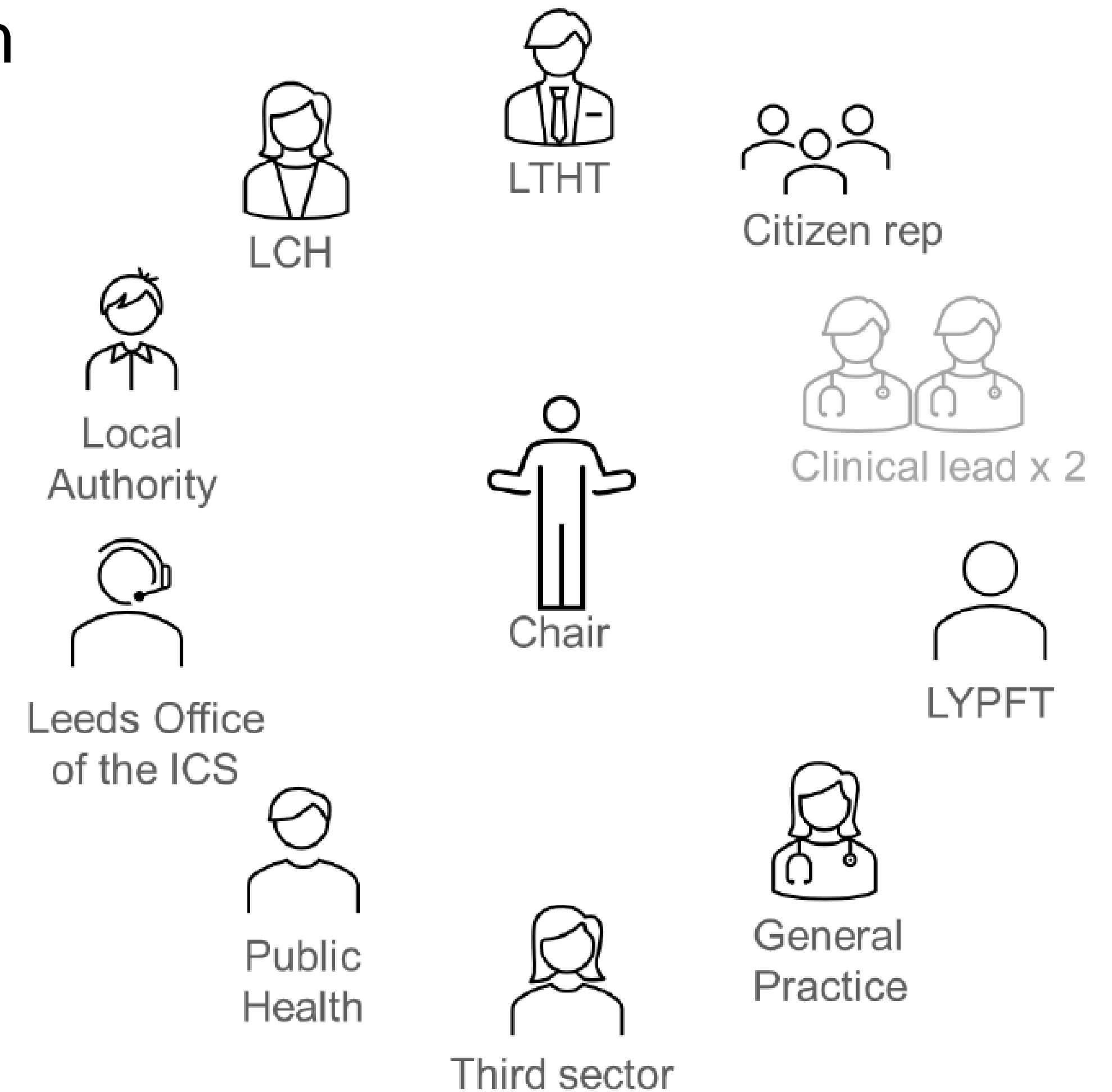
Population health

Boards are made up of senior representatives from across the health and care partnership including representatives from the third sector and from Healthwatch Leeds.

There is also space for 'citizen' or people's voice representation, which we are thinking about today.

The boards are:

- **Broad enough** (to represent all partners)
- **Senior enough** (to take critical decisions)
- **Small enough** (to make these decisions)



Population health

The Children and young people Population Health Board

- Our ambition is for Leeds to be the best city in the UK for children and young people to grow up in.
- To help us make this happen, we are bringing together senior people from the main organisations working with children and young people in Leeds. Representatives from the NHS, Leeds City Council, Public Health, as well as the voluntary sector, make up the Children and Young People's Population Board. The board will work together to create better health and social care support for young people and their families.
- The board is responsible for everyone who is under the age of 18, except for pregnant people whose care is covered by the maternity board.
- The Leeds Children and young people population health board brings together partners from across the city to improve care, design more joined-up and sustainable frailty services and support, and make better use of public resources.

Webpage: [Children and Young People - Leeds Health and Care Partnership \(healthandcareleeds.org\)](https://healthandcareleeds.org)

What sort of decisions are the boards making?

- Where to allocate funding
- When to make changes to services
- What the priorities are and how best to achieve the outcomes
- What can be done to address health inequalities
- How best to work with all the other boards and wider partners to avoid silo-working
- How to deliver value (value for money)

It is essential that local people are involved in these decision-making processes.

This workshop builds on what we have learned so far about people's experiences of living with Children and young people in Leeds, and gives us an opportunity to begin to think about what how we can involve people more moving forward.

Population health

In Leeds we are aiming to commission (plan and pay for) and provide healthcare for populations of people, and their families and carers, that is:

- Safe
- Sustainable
- Equitable and fair for all
- Patient-centred
- Value for money

We cannot do this without understanding the needs, preferences and experiences of people in each of the population segments.

We are committed to 'starting with what we know' about people's experiences, listening to what matters most to our population, and engaging on the gaps in our knowledge and understanding.

Experience of Children and YP

The board is working with partners to establish what we already know (by carrying out an insight review) about the experiences of children, young people and their families and their carers.

Our findings to date have been collected into an insight report which will be used by the board as a developing evidence base, to learn more about the needs of this population and to make more informed decisions as a result.

The insight report:

- Outlines what we already know about children and young people's needs, preferences and experiences of living in Leeds
- Identifies key themes (the things people often tell us about their care)
- Highlights gaps in our knowledge (e.g. the areas or communities whose experiences we know least about)

Experience of CYP

Our insight review for C&YP suggests the following themes:

- Communication - Children and young people have told us they would like to be communicated about different services (for physical and mental health)
- Choice - Using both digital and face to face options having the choice.
- Wider determinants activities - Children and young people have told us that having different spaces to go for a choice of activities is important to them.
- Travel and transport - Children and young people told us that having access to easy transport is important to them.

Experience of CYP

Our key pieces of insight:

- Supporting children and young people with their mental health. From the Make Your Mark Ballot where 5546 young people in Leeds aged 11-18 voted.
- The 2022 Child Friendly Leeds 12 wishes are developed from priorities identified from analysis of data collected from citywide elections, ballots, and consultation work over the last three years.
 - 1) mental health, 2) play, 3) having views heard, 4) being accepted, 5) protecting the environment, 6) travel, 7) better promotion of activities to do in the city, 8) reducing the impact of poverty, 9) getting support to make healthy decisions, 10) having learning settings to meet needs of children, 11) access to employment and training opportunities, 12) being an inclusive city for children with special educational needs and disabilities.

Experience of CYP

Our insight review for children and young people suggest the following gaps:

- Feedback from staff

Additional gaps and considerations identified by stakeholders:

Discussion

- Do you agree with the main themes we have found?
- What about gaps... where else should we be looking, or who should we be talking to?
- How do we prioritise and plan involvement work on the gaps?
- What matters most to C&YP, their families and carers?



Population outcomes

Over the last year we have been working with our partners to agree a set of outcomes for our children and young people work in Leeds. These outcomes explain what we as a board, and as a health and care partnership, want to achieve to improve the experiences of people children, young people and their carers, families and friends.

Draft outcomes for Children and young people in Leeds

1. Children are safe from harm.
2. Children do well at all levels of learning and have skills for life.
3. Children in Leeds are healthy.
4. Children are happy and have fun.
5. Children and young people in Leeds are active citizens who feel they have a voice and influence

Population outcomes

Outcomes are linked to the Healthy Leeds Plan (which sets out how we will work together as a city to improve outcomes for everyone in Leeds).

Each one has a set of measures which will help us to see if we are on track to achieving our outcomes.

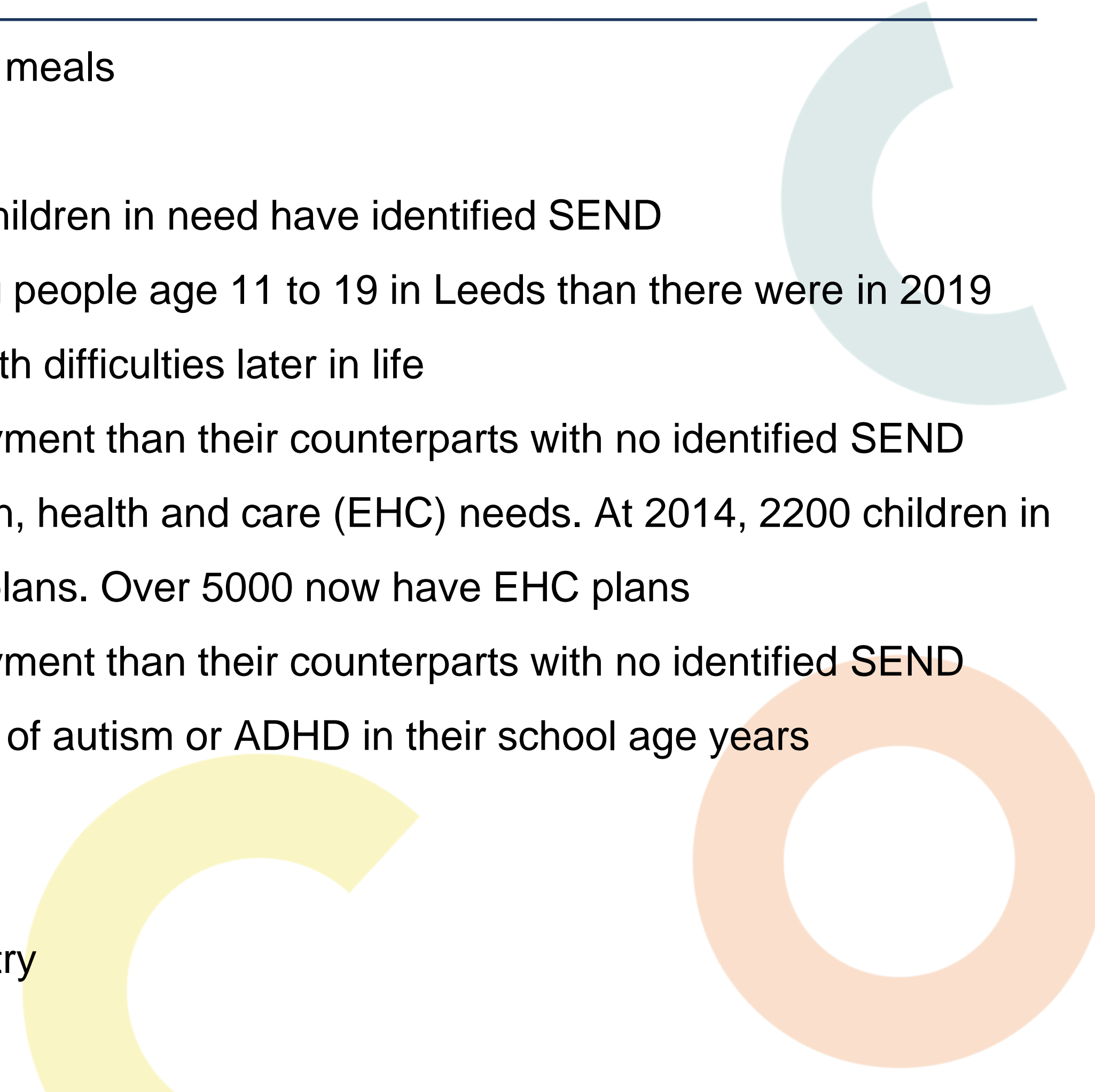
Children and Young People Population Outcome Framework		
Link to Healthy Leeds Plan Strategic Indicators		
Health Outcome Ambitions	System Activity Metrics	Quality Experience Measures
Improve infant mortality Reduce weight in 10-11 year olds Improve healthy life expectancy Reduce potential years life lost avoidable causes and rates of early death	Increase expenditure on the 3 rd Sector Increase proportion of people being cared for in primary and community services Reduce rate of growth in non-elective bed days and A&E attendances	Improve the experience of those using: - Primary care services - Community services - Hospital services Person centred co-ordinated care experience P3C-EQ
Outcome	Outcome Measure	Process Measure
1 Children are safe from harm	Number of children looked after (split by in/out of area) Life expectancy of children looked after by Local Care Partnership	Increasing the proportion of planned care versus unplanned care
2 Children do well at all levels of learning and have skills for life	Percentage of children who live in Leeds who leave education at 16 with fewer than 5 GCSEs Children and young people have the ability to take care of themselves and others percentage of children who are able to report that they are able to cope with feeling? - Happy – Confident - Sad or upset - Bad tempered or angry - Stressed or anxious - Lonely	Waiting times for all elective services (days missed of school for children in Leeds due to ill health)
3 Children in Leeds are healthy	Percentage of children in Leeds are a healthy weight at age 5 Percentage of children in Leeds are a healthy weight at age 11 Life expectancy at birth males Life expectancy at birth females Increase the percentage of Young people that move into the Healthy Population	Percentage of children in the city with 2 or more risk factors (e.g. healthy weight, smoking, drug use, alcohol use, etc etc) Percentage of children with two or more protective factors from assets in their area
4 Children are happy and have fun	Percentage of primary school children in Leeds who say they are happy every day/most days Percentage of secondary school children in Leeds who say they are happy every day/most days	Children and young people receive the right support at the right time, in the right place and by the right person (increased access to services using health needs assessment versus equity of access assessment, and service waiting times).
5 Children and young people in Leeds are active citizens who feel they have a voice and influence	Children and young people feel that any suggestions/ideas they have shared have been heard by adults and have influenced change in your school, local area/community	Percentage of children who have shared their ideas about improving their local area or city

Our priorities

- Healthy diet and active lifestyle
- Children and young people's mental health
- Delivering care closer to home/access routes to care
- Complex needs and SEND (Special Educational Needs and Disabilities)

The Local Picture -SEND

What is it like to be a child or young person with SEND in Leeds – and how do we make it better?

- Around a third of learners with SEND in Leeds schools are eligible for free school meals
 - In 20/21 there was an 8% increase in registered appeals registered to SEND
 - Over 50% of our Children looked after by the local authority and around 40% of children in need have identified SEND
 - Our population of YP is growing: by 2029 there will be around 15,000 more young people age 11 to 19 in Leeds than there were in 2019
 - CYP with vocabulary difficulties age 5 are 3 times more likely to have mental health difficulties later in life
 - By age 27 young people with SEND are 25% less likely to be in sustained employment than their counterparts with no identified SEND
 - We have seen a growing number of those with very complex SEND and education, health and care (EHC) needs. At 2014, 2200 children in Leeds had 'statements' to meet highly complex needs (since replaced with EHC plans. Over 5000 now have EHC plans
 - By age 27 young people with SEND are 25% less likely to be in sustained employment than their counterparts with no identified SEND
 - CYP in Leeds have a 1 in 8 chance of being referred for a diagnostic assessment of autism or ADHD in their school age years
 - 60% of young offenders have low language skills
 - Nationally, 1 in 4 CYP in young offenders institutes have identified SEND
 - A quarter of Leeds CYP 0-25 live in the top 10% most deprived areas in the country
- 

Population outcomes

Discussion

- Do these outcomes make sense to you?
- Do they reflect what matters to you/your family/the people you represent?
- How would you like us to demonstrate improvements against these outcomes?



Public representation and assurance

As an organisation, we have a legal and a moral duty to involve people in the plans and decisions we make about the provision of healthcare in Leeds.

It's important that patients, carers and the wider public are aware, and assured, that we are working to ensure that people's voices and experiences are at the heart of our decision-making, and that people feel that their voices and experiences are being properly represented.

We need to be able to show that this is happening so that people can be assured that their input and feedback is helping shape and improve local services and support.

We call this providing 'public assurance'.

Public representation and assurance

For members of the public to feel assured we need to demonstrate we have:

Listened

We have listened to people by using existing insight or carrying out involvement activities

Acted

We have acted on feedback and are using it to shape local services and plans.

Fed back

We have fed back to people and have proactively let people know how we have used their feedback

**Transparent &
accountable**

Public representation and assurance

There are various ways people's voice and experience can be taken into account by the board:

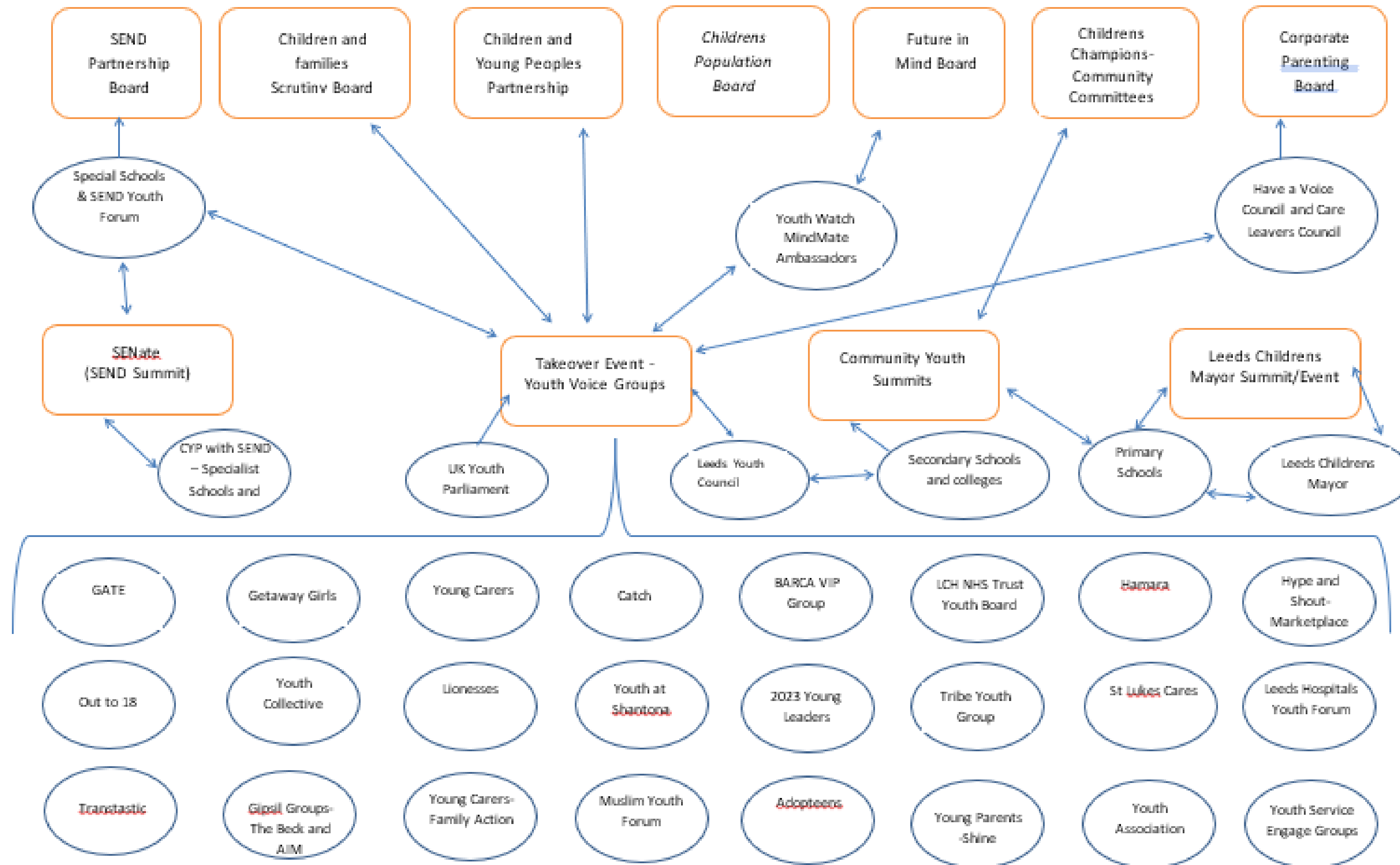
- By an individual
- By a sub-group which runs parallel to the board
- By links with a particular group or organisation
- By increasing feedback to services directly

Our work to strengthen public assurance is ongoing – today we are keen to hear your thoughts on how the voices and experiences of children and young people, their families and carers would be best represented at the board.



How we hear CYP voices now

Leeds Youth Voice Model 2023



How we hear CYP voices now (2)

We are currently have connections to the youth groups below

- GATE
- Getaway Girls
- Outto 18
- Youth Collective
- Transtastic
- Gipsil Groups-The Beck and AIM
- Young Carers
- Catch
- Youth at Shantona
- Muslim Youth Forum
- BARCA VIP Group
- LCH NHS Trust Youth Board
- 2023 Young Leaders
- Tribe Youth Group
- Adopteens
- Young Parents -Shine
- Hamara
- St Lukes Cares
- Youth
- Association
- Hype and Shout-Marketplace
- Leeds Hospitals Youth Forum
- Youth Service Engage Groups
- Young carers – family action
- Lioneness
- Youth watch
- Mind mate ambassadors
- All of these groups feed back into one of the following boards. Send partnership board, children and families scrutiny board, children and young peoples partnership, future in mind, children's champions communities committees, corporate parenting board

Discussion

- What do you think of the ways we are already involving people (insight reviews/workshops)?
- What would good public representation look like for you?
- What would make you feel confident that we are listening, acting and feeding back?



Next steps

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- Add a copy of this recording to the Children and young people webpage: [Children and Young People - Leeds Health and Care Partnership \(healthandcareleeds.org\)](https://healthandcareleeds.org)
 - Send out slides and an evaluation survey of the session
 - Update the insight report based on today's feedback
 - Use today's feedback to help develop our approach to representation
 - Begin looking at the gaps in our knowledge and think about involving people to help us learn more. Please send any additional insight or comments to huma.malik3@nhs.net
 - Organise a follow-up meeting?
 - Thank you for joining our session – it is much appreciated!

Thank you!

