

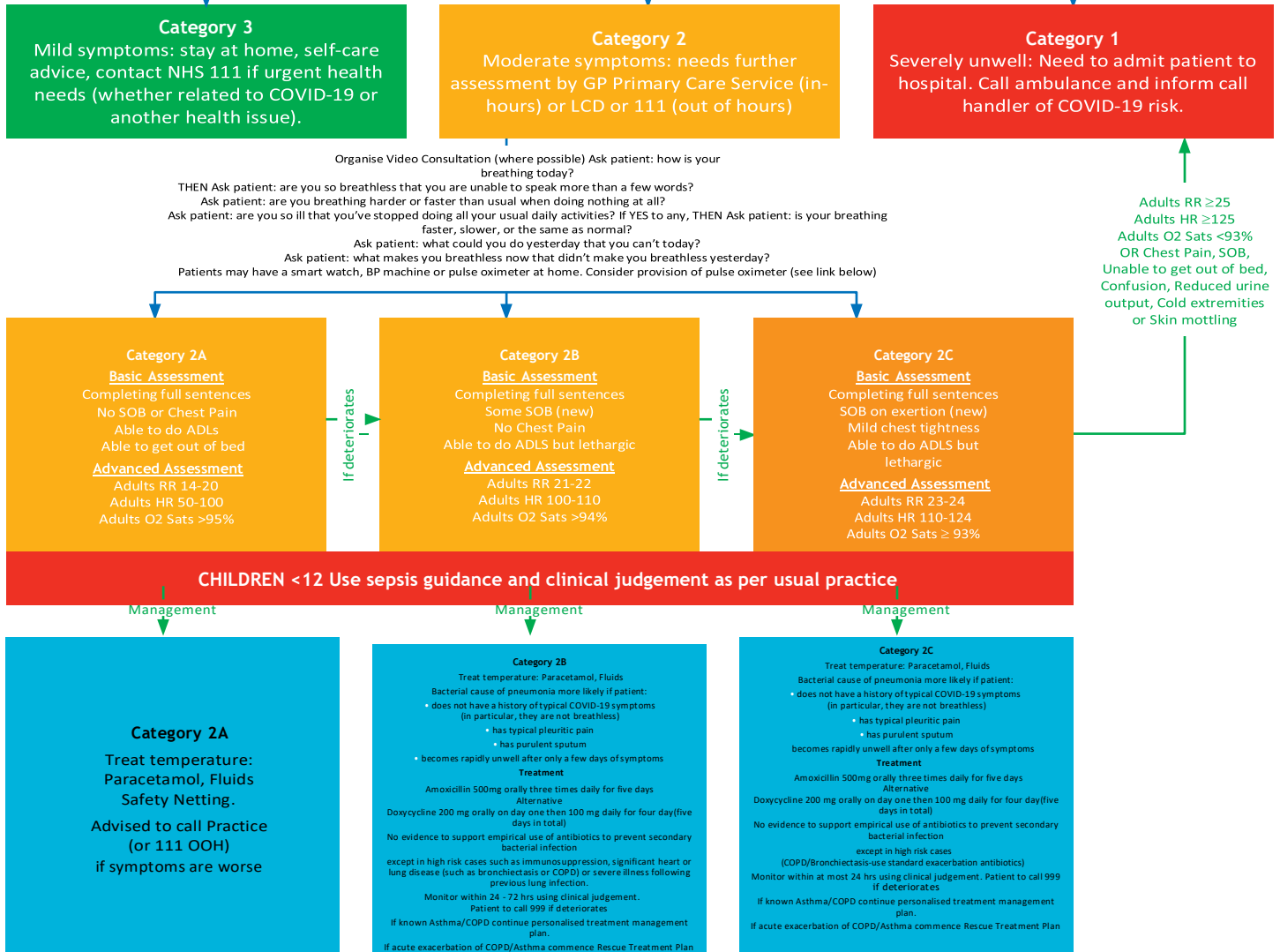
Leeds Breathlessness Pathway (Covid-19)

This pathway was created for GPs during uncertain times using clinical judgement and is currently not evidence based. HR, RR & O2 sats are taken from sepsis and NEWS2 score – these may or may not be sensitive for Covid-19.

Guidance:

- INITIAL ASSESSMENT SHOULD ALWAYS BE VIRTUAL BY TELEPHONE, VIDEO OR ONLINE CONSULTATION
- UNNECESSARY F2F ASSESSMENTS SHOULD BE AVOIDED
- A NEGATIVE COVID TEST DOES NOT EXCLUDE COVID INFECTION
- USE CLINICAL JUDGEMENT FOR HOME VISITS TO MINIMISE EXPOSURE TO VIRAL LOAD
- ADEQUATE AND PROPERLY FITTED PPE SHOULD BE WORN FOR ALL F2F APPOINTMENTS
- F2F TIME SHOULD BE MINIMAL AND FOR PURPOSES OF EXAMINATION ONLY
(HISTORY WILL HAVE BEEN TAKEN REMOTELY. NOTES SHOULD BE WRITTEN UP AWAY FROM THE PATIENT.)

Telephone Triage - Patient with Suspected Covid19



Supporting Evidence: COVID-19 Rapid Guidelines from NICE

Managing suspected or confirmed pneumonia in adults in the community <https://www.nice.org.uk/guidance/ng138>

Steroids can be used safely in COVID-19 if clinically appropriate for routine management or exacerbations of asthma and COPD (<https://www.nice.org.uk/guidance/ng166/chapter/3-Treatment> & <https://www.nice.org.uk/guidance/ng168/chapter/2-Treatment-and-care-planning>)

Managing symptoms (including at the end of life) in the community <https://www.nice.org.uk/guidance/ng191>

COVID-19: remote consultations guide <https://www.nice.org.uk/guidance/ng163/resources/bmi-visual-summary-for-remote-consultations-pdf-8713904797>

Leeds Health Pathways guideline on suspected pneumonia during COVID-19

Further advice on remote assessment in Covid-19 has been collated by the BMJ. Click here to access

<https://www.bmj.com/content/368/bmj.m1182>

High risk of adverse outcome from Covid-19 patient characteristics: [High risk of adverse outcomes from Covid-19.docx](#)

Pulse Oximetry Patient Instructions: [Primary Care Patient Instructions for Pulse Oximeter PLEASE PRINT AND GIVE TO PATIENT.docx](#)