



tahur
sunna
cutting
gudniin
khatana
halalays
megrez
khitan
bondo
fgm

**Don't keep your
pain secret**

If you or someone you know has been affected by FGM (Female genital mutilation), and are experiencing any of the following symptoms:

- Feeling fear
- Difficulty urinating
- Painful memories
- Flashbacks
- Vaginal infection
- Constant pain
- Painful periods
- Difficulty having sex
- Anxiety and depression
- Lack of confidence

Talk to our community advocate Hawa in complete confidence without judgement. Contact the Blossom Clinic free on 07824 580988 or 0113 271 8277.

Email: leedsth-tr.blossomclinic.fgm@nhs.net

Talking is healing