

Health inequalities in Leeds



Easy read version

Introduction



This easy read document is about health inequalities in Leeds.

Health inequalities are when some people don't have the same chance of good health as others.

The document talks about what NHS Leeds Clinical Commissioning Group (CCG) are going to do to make sure health inequalities don't happen as much as they do.



CCGs are NHS organisations. They plan and coordinate NHS services like doctors surgeries, learning disability services and lots of others.

Leeds CCG does this for about 870,000 people.



Some people in Leeds don't have the same chance of good health as others because they live in a poor area. This is called deprived.

Leeds has some of the poorest areas in the country.



Some people who live in these areas die younger than people who live in richer areas.

Most of these people die from cancer, heart disease and breathing problems like asthma.



Some other people in Leeds don't have the same chance of good health for another reason.

This could be that they have a learning disability or they are from a Black, Asian minority ethnic (BAME) group.



Gypsies and travellers, people who have no jobs, the homeless and others might also not have good health.



We know we need to look at other groups and areas too to make sure everyone has the same chance of good health.



The 3 main things we need to look at to make sure everyone has the same chance of good health are:



- Looking at the other things that can affect your health like where you live and how much money you have



- Stopping people getting ill in the first place



- Making sure everyone has access to good treatment, care and support

Improving things that can affect your health



We will make sure that the work we do makes a difference to our communities.



Some of the things we will do are:

- Employ more local people to work for us



- Work with the council and others to make sure people have good quality homes to live in that are safe and warm



- Look at air pollution and transport

Stopping people getting ill in the first place



We will work with our partners to make sure that the services we provide can help to stop people getting ill in the first place.



Some of the things we will do are:

- Help people to stop smoking
- Help people to be more physically active
- Do more to stop people having poor mental health



- Work with people who might be at risk of getting long term physical and mental health conditions

Treatment



We will work harder to make sure our services work well so that everyone has the same chance of good health.

We will make sure they meet the needs of the people who most need them.



Some of the things we will do are:

- Work with local people to design our new services so we know they will meet their needs

- Make sure that all our services are easy for everyone to use



- Make sure the services we already have are working well in the poorest areas of our city and with the people who most need them

- Making sure that people can have health checks, including Annual Health Checks for people with learning disabilities

- Work better with community and voluntary organisations



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